



Your Glucose Meter

How Often Should I Check My Blood Sugar?

This can vary by your health condition and needs. Most patients check once daily (fasting) or twice daily (fasting and after a meal). If you are unsure, follow your provider's instructions or contact the care team.



Fasting reading:

Check first thing in the morning, before eating or drinking anything other than water.



After-meal reading (if instructed):

Check 2 hours after the start of your meal.


Before You Use Your Meter for the First Time

Please charge your glucose meter for at least 8 hours before using it for the first time. This helps protect the battery and keeps your meter working properly. After the initial charge, most patients only need to recharge the meter about once a month.



Check Your Blood Glucose

Using Meal Markers

Use the home button  to choose the appropriate meal marker icon.




Use this icon if you are checking your blood sugar before a meal.



Use this eaten apple icon if you are checking after a meal.

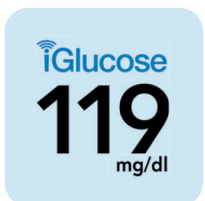
Check Your Blood Glucose



1. Hold test strip horizontally with the indicator arrow pointing down. Push the test strip straight down into the test strip port. Wait for the  icon and the "Apply A Drop of Blood" message to appear on the screen.



2. Apply a drop of blood to the top of the test strip.



3. Wait for the meter to count down and display your test result. The meter sends your reading to your care team. When complete, the "Reading Successfully Transmitted" message appears.

Meter Messages

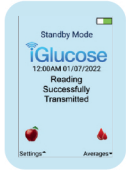


The meter will count down from 5 to 0 seconds.



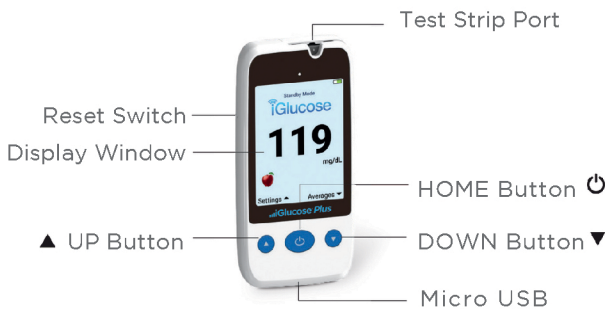
After 5 seconds your blood glucose result will be displayed. Don't be surprised if the screen goes dark shortly after your reading. This is normal and helps save battery life.

⚠ Important: Do not press the power button after taking a reading.



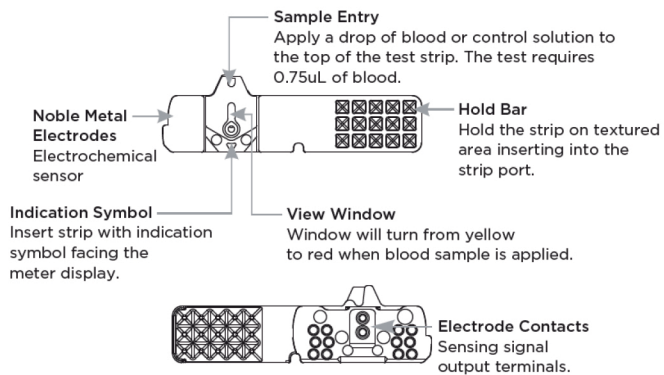
The meter sends your reading to your care team. Even though the screen is dark, your meter may still be sending your result to our care team. Turning it off too soon could prevent us from receiving your reading. Simply take your reading and set the meter down. It will take care of the rest.

Get to Know Your System



- Indicates a control solution test result
- mg/dL • Unit of test result
- 119 • Test result
- Battery is fully charged
- Battery is low and must be recharged
- Indicates a meal marker. A full apple for "Before Meal" and an eaten apple for "After Meal"
- Indicates that there is a connection to a cellular network
- Indicates when to apply a blood drop
- Indicates when to apply a control solution drop

Test Strip



iGlucose Plus

For device support, please contact Smart Meter® directly at:
1-844-iGlucose (1-844-445-8267)
 Monday - Friday 9AM - 5PM EST

See user manual for additional details