



Your Pulse Oximeter

How Often Should I Check My Blood Oxygen and Pulse?

- Take a reading at least once daily, or as instructed by your provider.
- If you are feeling short of breath or concerned about your breathing, check your oxygen level and contact the care team.

A note about these guidelines

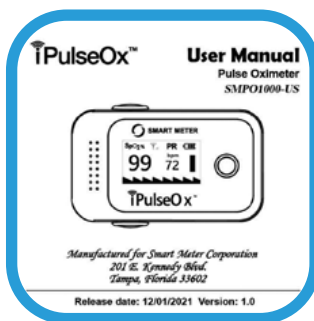
The information below reflects our most common recommendations. Your provider or care team may give you specific instructions that are different — always follow their guidance first. If you have questions about how or when to take your readings, call the care team.

For The Most Accurate Reading

- Make sure your fingers are warm. Cold hands can affect the reading. If needed, warm your hands under warm water and dry them thoroughly before using the device.
- Dark nail polish or artificial nails can make it harder for the device to get an accurate reading. Remove nail polish from the finger you are using if possible.
- Sit still and breathe normally during the reading.
- Keep your hand still and leave the device in place until the reading is finished.
- If a reading seems unusual or below the range recommended by your provider, follow your provider's instructions and contact the care team if needed.
- If a reading seems unusual, wait a few minutes and repeat it. If still unusual for you, call the care team.

Capturing Your First Reading

1



Read your owner's manual for all safety and use information.

2



Insert batteries into your iPulseOx monitor — be sure to use a high-quality brand like Energizer.

3



Insert your finger into the monitor.

4



Press the button to begin your reading.

Note: To change the direction of the display, simply push the button to rotate it.

5



Wait for the "upload success" message and you're done! Your results are automatically sent to your provider.

For more information, see full user manual.

Need Help?

Smart Meter® Support:
(844) 445-8267
Monday - Friday 9AM - 5PM EST